



DELIVERED TO YOU!

10 Meals for ONLY R750

ORDER ONLINE TODAY!

VEGETARIAN DISHES

TIP! Great as sides for a braai

Spinach & Feta Cottage Pie *new!*

Vegetarian Lasagne *new!*

Sundried Tomato, Onion & Basil Quiche *new!*

Ratatouille

Sweetcorn Savoury Tart

Butternut Soup

Tomato Soup

Vegan Chilli

Macaroni & Cheese

BEEF, CHICKEN & PORK

Chicken Schnitzel with Mash & Vegetables *new!*

Chicken & Chickpea Curry with Rice *new!*

Chicken Breast & Roast Vegetables

Bobotie & Rice

Pork Neck, Vegetables & Couscous

Beef Lasagne

Chicken Lasagne

Traditional Cottage Pie

EXTRAS

Large Malva Pudding – R 100

Large Pumpkin Tart – R220 *new!*

1 Kg Health Rusks – R120

1 Kg Buttermilk Rusks – R100 *new!*

Beeswax Wraps – R120 *new!*

CONTACT US

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 Green Cup Catering

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Order online for Low Carb options. Portions are single servings between 450g and 500g